**After by Bruce Greyson, M. D.**

**Reading Group Guide**

1. Do you know anyone who has had a near-death experience (NDE)? If so, how did they describe it to you?

2. Do you think that NDEs are real, rather than dreams or hallucinations? Why or why not?

3. NDE's have certain things in common across cultures, genders, classes, races, and religious backgrounds. Do those common points persuade you that NDEs are real?

4. Do you think NDEs are proof of heaven or more broadly an afterlife?

5. Do you believe humans have souls or spirits that are distinct from our bodies, and that endure after death? If so, does this book reinforce your belief? If not, does this book open your mind to that possibility?

6. Some published accounts of NDEs seem to record a religious, even specifically Christian experience. What about those that don't? Are the religiously-narrated accounts more or less persuasive to you?

7. Based on the stories related in this book, how do you think that having an NDE affects the experiencer’s attitude toward life?

8. Would you want to have an NDE if you knew that you would come out of the experience unharmed? Why or why not?

9. Has the COVID-19 pandemic changed your thoughts about death?

10. What was the most surprising fact about NDEs that you learned while reading this book?