1. In what ways does the dual narrative structure of Sadie add to the reading experience?

2. In the first episode of The Girls, how does the way West describes the town of Cold Creek set up the tone for the rest of the story?

3. What role do the towns Sadie passes through (Cold Creek, Montgomery, Langford, and Farfield) play in this story? Each town has a distinct description; what do these settings tell you?

4. How does the podcast element add to the overall story of Sadie?

5. Why do you think podcasts have taken listeners by storm? What do you think it is about them that appeals to listeners?

6. What forces are working against Sadie? What obstacles has she had to overcome in order to survive?

7. Out of all the people who Sadie comes across in her journey, which person (or people) do you think has the most effect on her? And who do you think Sadie affected the most; why?

8. What effect do you think the postcard from L.A. was supposed to have versus the actual effect it had on Sadie and Mattie? Do you think that the sender regretted sending the postcard?

9. What do you think Sadie would say to West if they ever met in person? Do you think she’d like him? Would she trust him with her story?

10. At the end of the book, what do you think happened to Sadie?